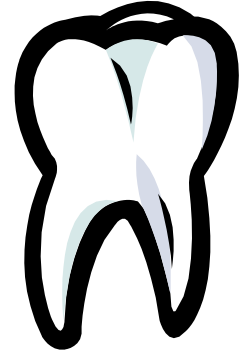


Marshall Dental Associates
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Post-Operative Instructions

Surgery Day

- *Change gauze as needed
- *Follow post-op instructions on brown envelope
- *Eat foods listed on the food suggestions page
- *Take pain medication as needed
- *Leave dentures in for the first **24 hours**

Day After Surgery

- * Dentures are to be left in except when doing salt water rinses (3-5 times daily)
- * Rinse mouth with tsp. of salt with 4 oz. of warm water 3-5 times/day
- * Clean dentures with warm soapy water with a denture brush or toothbrush (Dawn, Palmolive, etc.)
- * Gently massage gums with a soft-bristled toothbrush or warm wash cloth. This will help stimulate healing.
- * Continue pain medication if needed.

One Week After Surgery

- *Suture removal
- *Adjustments to dentures if needed
- *Dentures can be taken out at night after one week

Miscellaneous

- *If any adjustments need to be made to your dentures please call.
- *In four to six months, call the office to schedule an appointment to begin making your permanent denture.

